

# **HUMAN SERVICES**

Associate in Applied Science





Turn your desire to help others into a great career! You'll acquire skills in counseling, substance use disorders, case management, crisis intervention, coordination of social services, client advocacy, psychosocial rehabilitation, and more.

The Associate in Applied Science offers you the flexibility to go directly into the workforce or advance your career by transferring to a 4-year degree!

Students completing the degree qualify for the Mental Health Rehabilitation/Community (MHRT/C) credential.

### The Human Services degree program prepares graduates for positions in:

- Mental health and human services
- Substance use disorder services
- Addiction counseling
- Crisis Intervention
- Adult mental health rehabilitation
- Child and family services
- Developmental disabilities

# Graduates may pursue the following careers:

- Human Services and Mental Health Generalist
- Alcohol and Drug Abuse Counselor
- Intake/Care Coordinator
- Community Support Specialist
- Behavioral Health Specialist
- Rehabilitation Specialist

## Graduates may also seek employment at:

- Community mental health centers
- Social services and mental health programs
- Substance abuse facilities
- Senior services agencies and facilities
- Home health agencies
- Hospitals

### **Degree Requirements**

Semester I		Credit Hours
HUS 100	Seminar in Human Services	1
HUS 112**	Introduction to Human Services	3
ENG*	Select one of the following:	
<del></del>	ENG 101 College Writing	3
	ENG 105 College Writing Semin	nar (4)
MAT*	Elective: Mathematics (MAT 135	, ,
	recommended)	•
HUS 153**	Substance Use Disorders	3
PSY 101	Introduction to Psychology	3
	, 3,	
Semester II		
HUS 151**	Interviewing and Counseling	3
HUS 201**	Multicultural Perspectives in Hu	man 3
	Services	
HUS 202**	Psychosocial Aspects of Disabili	ity 3
HUS 155**	Case Management	3
HUS 208	Mindfulness & Self-Care	3
Semester III		
	Elective: Science with Lab	4
PSY 212**	Abuse, Trauma and Recovery	3
HUS 241	Human Services Practicum I	4
	Elective: HUS (choose from list)	3
Semester IV		
	Elective: HUS (choose from list)	3
	Elective: HUS (choose from list)	3
PSY 111	Developmental Psychology	3 3 3
	Elective: Writing	3
	Select one of the following:	
	ENG 125, 150, 201, 211, 220,	221,
	or SSC 200	
	Elective: Open	3

#### **Total Credit Hour Requirements**

60-61

\*Course placement determined by assessment test scores and/or prior college coursework.

\*\* For full MHRT/C certification, a student must complete all of the courses. See the College Catalog for full details at www.cmcc.edu.



Office of Admissions

1250 Turner Street • Auburn, ME 04210 (207) 755-5273 • cmccadmissions@mainecc.edu

www.cmcc.edu



#### **Human Services Electives**

HUS 152	Foundations of Addiction
HUS 158	Behavioral Health Professional Certification
HUS 198	Myth, Madness, and Mental Illness
HUS 204	Vocational Rehabilitation
HUS 205	Crisis Intervention
HUS 230	Group Counseling
HUS 235	Veteran Support Services
HUS 250	Ethics & Issues in Human Services
HUS 251	Human Services Practicum II
HUS 266	Grief, Loss and Bereavement
HUS 296	Special Topics in Human Services

### Human Services Degree Prerequisites/Requirements:

Please see the College Catalog, available at www.cmcc.edu, for additional requirements.