

HUMAN SERVICES

Associate in Applied Science

**ALSO
AVAILABLE
100% ONLINE**



Turn your desire to help others into a great career! You'll acquire skills in counseling, substance use disorders, case management, crisis intervention, coordination of social services, client advocacy, psychosocial rehabilitation, and more.

The Associate in Applied Science offers you the flexibility to go directly into the workforce or advance your career by transferring to a 4-year degree!

Students completing the degree qualify for the Mental Health Rehabilitation/Community (MHRT/C) credential.

The Human Services degree program prepares graduates for positions in:

- Mental health and human services
- Substance use disorder services
- Addiction counseling
- Crisis Intervention
- Adult mental health rehabilitation
- Child and family services
- Developmental disabilities

Graduates may pursue the following careers:

- **Human Services and Mental Health Generalist**
- **Alcohol and Drug Abuse Counselor**
- **Intake/Care Coordinator**
- **Community Support Specialist**
- **Behavioral Health Specialist**
- **Rehabilitation Specialist**

Graduates may also seek employment at:

- **Community mental health centers**
- **Social services and mental health programs**
- **Substance abuse facilities**
- **Senior services agencies and facilities**
- **Home health agencies**
- **Hospitals**

Please see catalog for full program requirements.

Central Maine Community College is an equal opportunity/affirmative action institution and employer.

Degree Requirements

Semester I		Credit Hours
HUS 100	Seminar in Human Services	1
HUS 112**	Introduction to Human Services	3
ENG ___*	Select one of the following:	
	ENG 101 College Writing	3
	ENG 105 College Writing Seminar	(4)
MAT ___*	Elective: Mathematics (MAT 135 recommended)	3
HUS 153**	Substance Abuse	3
PSY 101	Introduction to Psychology	3
Semester II		
HUS 151**	Interviewing and Counseling	3
HUS 201**	Multicultural Perspectives in Human Services	3
HUS 202**	Psychosocial Aspects of Disability	3
HUS 155**	Case Management	3
HUS 208	Mindfulness & Self-Care	3
Semester III		
_____	Elective: Science with Lab	4
PSY 212**	Abuse, Trauma and Recovery	3
HUS 241	Human Services Practicum I	4
HUS 204**	Vocational Rehabilitation	3
Semester IV		
_____	Select one of the following:	3
	ENG 125 Introduction to Literature	
	ENG 150 Introduction to Journalism	
	ENG 201 Technical Writing	
	ENG 211 Creative Writing	
	ENG 220 Business Communication	
	ENG 221 Advanced Composition and Research	
	SSC 200 Research Methods for Social Sciences	
_____	Elective: HUS (choose from list)	3
_____	Elective: HUS (choose from list)	3
_____	Elective: Open	3
SOC 201	Sociology of Aging	3
Total Credit Hour Requirements		60-61

*Placement determined by assessment test scores and/or prior college coursework

** Courses required for MHRT/C (Mental Health Rehabilitation Technician/Community) Certificate. See the College Catalog for full details at www.cmcc.edu.

Human Services Elective Courses

HUS 101	Critical Thinking and the Addictions Professional
HUS 152	Foundations of Addiction
HUS 158	Behavioral Health Professional Certification
HUS 160	Addiction and the Family
HUS 161	Addiction Over the Lifespan
HUS 198	Myth, Madness, and Mental Illness
HUS 205	Crisis Intervention
HUS 250	Ethics and Issues in Human Services
HUS 251	Human Services Practicum II
HUS 266	Grief, Loss and Bereavement
HUS 296	Special Topics in Human Services

Human Services Degree Prerequisites/Requirements:
Please see the College Catalog, available at www.cmcc.edu, for additional requirements.



Central Maine
COMMUNITY COLLEGE

Office of Admissions

1250 Turner Street • Auburn, ME 04210
(207) 755-5273 • enroll@cmcc.edu

www.cmcc.edu

