

**Transfer Articulation Agreement for Baccalaureate Degree**  
between  
**Central Maine Community College**  
and  
**University of Maine at Farmington**

**Statement of Purpose**

Central Maine Community College (CMCC) and the University of Maine at Farmington (UMF) have entered into this transfer articulation agreement. The purpose of this agreement is to facilitate student academic transfer and provide a smooth transition from CMCC to UMF – a four-year COPLAC institution (Council of Public Liberal Arts Colleges). This agreement shall describe the required program of study at CMCC and the special equivalencies for the UMF Bachelor of Science program indicated.

**Terms and Conditions of Academic Credit Transfer**

**To:** **Bachelor of Science in Community Health Education**  
**Physical Activity and Nutrition Concentration**  
(UMF Academic Program/Degree)

**From:** **Associate in Applied Science in Physical Fitness Specialist**  
(CMCC Academic Program/Degree)

The evaluation and transfer of earned college credits shall be in compliance with state and federal education policies and institutional and academic program accreditation standards pertaining to undergraduate academic transfer. Current students shall be eligible for credit evaluation under the terms of this agreement.

Transfer students will be accorded the same standards and criteria for admission to the major degree as UMF students. All applicants accepted to the UMF Baccalaureate programs must fulfill the graduation requirements of the granting institution as identified in Appendices A, B & C.

- \* Appendix A Contains Admission & Graduation Requirements of the Receiving Institution.
- \* Appendix B Contains Side by Side Course Equivalency Tables for the academic program listed above.
- \* Appendix C Contains a four semester map of remaining courses to be taken at UMF.

Important Note: The information contained in Appendices A, B, & C is accurate for UMF Catalog Year 2018-2019 and the current transfer equivalency listing. For up to date information please check MaineStreet for transfer equivalencies and <http://catalog.umf.maine.edu/> for the current course catalog year. The information contained in Appendices A, B, & C is accurate for CMCC Catalog Year 2019-2020: [https://www.cmcc.edu/wp-content/uploads/2019/05/CMCCCatalog20192020\\_V2.pdf](https://www.cmcc.edu/wp-content/uploads/2019/05/CMCCCatalog20192020_V2.pdf)


**Articulation Implementation and Agreement Review**


The Chief Academic Officer designee of CMCC and UMF shall be responsible for implementing this agreement.

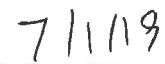
**Signatures to This Agreement**

This agreement becomes effective May 2019 and will be reviewed for renewal in May 2022.

  
\_\_\_\_\_  
Dr. Scott Knapp  
President, CMCC

  
\_\_\_\_\_  
Date

  
\_\_\_\_\_  
Dr. Eric Brown  
President, UMF

  
\_\_\_\_\_  
Date

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**APPENDIX A**

This agreement includes specific requirements for admission into a program, outlines requirements, and indicates which degree or diploma can be used to meet program prerequisites as well as general education, major or program, and graduation requirements.

**Admissions requirements:** Successful completion of the Associate in Applied Science in Physical Fitness Specialist, submission of a completed admission application, transcripts and other supporting materials. For coursework to transfer to UMF, a student must earn a grade of C- or better.  
For a list of application instructions: <http://www.umf.maine.edu/admission/>

**Requirements for the UMF Bachelor of Science in Community Health Education:** Remaining required coursework is listed in Appendix C. Student must maintain a cumulative GPA of 2.5 to graduate.  
**UMF Residency Requirement:** All students in baccalaureate degree programs must earn a minimum of 20 credits in their major from UMF, and earn either their final 32 credits or 48 of their final 64 credits from UMF.

**Additional Institutional Contact Information:**

**Academic Department Chair (Central Maine Community College)**

Name: Rosalie Arienti (Life Sciences)	E-mail: rarienti@cmcc.edu	Phone: (207) 755-5413
Bob Brainerd (Physical Fitness Specialist)	rbrainerd@cmcc.edu	(207) 755-5456

**Academic Department Chair (University of Maine at Farmington)**

Name: Bud Martin	E-mail: maurice.martin@maine.edu	Phone: (207) 778-7181
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## APPENDIX B

CMCC AAS Physical Fitness Specialist Required Courses			UMF BS Community Health Education Physical Activity and Nutrition Transfer Equivalent		
Course	Title	Credits	Course	Title/Fulfills	Credits
<b>Semester 1</b>					
ENG 101 OR ENG 105	College Writing OR College Writing Seminar	3 or 4	ENG 100	Writing Seminar <i>GE, First Year Writing Seminar</i>	3 or 4
BIO 115&116	Anatomy and Physiology I Lecture and Lab	4	BIO 150N	Anatomy and Physiology I <i>GE-Science, Maj</i>	4
PSY 101	Introduction to Psychology	3	PSY 101S	General Psychology <i>GE-Social Science</i>	3
COM 100	Public Speaking	3	GEL 199	<i>General Elective</i>	3
LER 100	First Year Seminar for PHF	1	GEL 199	<i>General Elective</i>	1
<b>Semester 2</b>					
BIO 117&118	Anatomy and Physiology II Lecture and Lab	4	BIO 152	Anatomy and Physiology II <i>Maj</i>	4
BIO 121	Nutrition	3	HEA 244 HEA 199	Nutrition Care for Children Elective <i>Maj</i>	2+ 1
MAT 100	Intermediate Algebra	3	MAT 199	Mathematics Elective <i>GE-Math</i>	3
PHF 155	Introduction to Exercise Science	4	HEA 303	Philosophy of Exercise <i>Maj</i>	4
PHF 150	Methods of Life Style Coaching	3	GEL 199	<i>General Elective</i>	3
<b>Semester 3</b>					
PHF 122	Kinesiology	3	GEL 199	<i>General Elective</i>	3
Elective: SOC	SOC Elective: Choose One SOC SOC 101/200/201/210/215/220/230/296	3	SOC XXX	<i>GE-Social Science</i>	3
PHF 204	Nutrition to Improve Human Performance	3	HEA 241	Nutrition and Exercise <i>Maj</i>	3
PHF 207	Introduction to Injury Prevention & Management	3	HEA 200	Athletic Injuries: Prevention & Emergency Response <i>Maj</i>	3
PHF 197	Field Experience	2	GEL 199	<i>General Elective</i>	2
<b>Semester 4</b>					
PHI 111	Introduction to Ethics	3	PHI 201H	Ethics <i>GE-Humanities</i>	3
PHF 251	Methods of Teaching Group Exercise	3	HEA 102 HEA 199	Group Fitness Instructor Training + Elective <i>Maj + HEA Elective</i>	2+ 1
PHF 208	Exercise Test and Prescription	4	PEC 225	Physical Training Theory and Applied Biomechanics <i>Maj</i>	4
ENG ____	Choose one: ENG 201 Technical Writing ENG 220 Business Communication	3	ENG 299T	English Elective <i>General Elective</i>	3
PHF 299	Practicum	4	GEL 199	<i>General Elective</i>	
<b>Total credits</b>		<b>62-63</b>	<b>Total credits accepted</b>		<b>62-63</b>

## APPENDIX C

### Remaining UMF Degree Requirements

For students in CMCC AAS in Physical Fitness Specialist transferring to UMF BS in Community Health Education

[Assumes students complete recommended courses at CMCC as listed in Appendix B.]

Semester 5		Semester 6	
Course	Credit	Course	Credit
HEA 123 Introduction to Community Health	4	HEA 310 Principles of Disease Prevention & Health Promotion	4
HEA 218 Health Communications & Theory	4	HEA 350 Principles of Epidemiology	4
SHE 233 Teaching Health in Elementary School	2	HEA 203 Theory & Practice for the Personal Trainer	4
PSY 225S Child & Adolescent Development OR PSY 226 Adulthood & Aging	4	General Education Elective – Arts Category	4
HEA 296 Practicum in Community Health Education*	4	PHE 10 Physical Activity	0
		MAT 120M Introductory Statistics	4
<b>Semester Credits</b>	<b>18</b>	<b>Semester Credits</b>	<b>20</b>

Semester 7		Semester 8	
Course	Credit	Course	Credit
HEA 410 Resource Management & Grants	4	HEA 495 Field Experience in Community Health**	12
HEA 411 Planning for Health Promotion	4	HEA 496 Senior Capstone Seminar in Health Education**	4
CHY 130N Chemistry for Health Sciences	4		
HEA 243 Nutrition and Obesity	2		
HEA 245 Nutrition and Ecological Concerns	2		
<b>Semester Credits</b>	<b>16</b>	<b>Semester Credits</b>	<b>16</b>
<b>Total CMCC credits: 62-63</b>			
<b>Total UMF credits: 70</b>			
<b>Total CMCC and UMF credits: 132-133</b>			

\*HEA 296 may be waived upon consultation with UMF Community Health faculty advisor on a case-by-case basis.

\*\*To participate in required Field Experiences (HEA 495 & HEA 496) students must submit to a background check. To enroll in the Field Experience (HEA 495) students must maintain a 2.5 GPA and have a C- or higher in all required major courses. UMF Graduation Credit requirement, 128 credits with a cumulative GPA 2.50.