



**Transfer Articulation Agreement for Baccalaureate Degree**  
 between  
**Central Maine Community College**  
 and  
**Saint Joseph's College of Maine**

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**Statement of Purpose**

Central Maine Community College (CMCC) and Saint Joseph's College of Maine (SJC) have entered into this transfer articulation agreement. The purpose of this agreement is to facilitate student academic transfer and provide a smooth transition from a two-year community college to a university. It is recognized that this agreement shall describe the required program of study at CMCC for admission eligibility to SJC and the Baccalaureate Degree Program indicated.

**Terms and Conditions of Academic Credit Transfer**

**To: Bachelor of Science in Exercise Science/Generic Track**  
 (SJC Academic Program/Degree)

**From: Associate in Applied Science in Exercise Science**  
 (CMCC Academic Program/Degree)

The evaluation and transfer of earned college credits shall follow state and federal education policies and institutional and academic program accreditation standards pertaining to undergraduate academic transfer. Current students and graduates who have earned degrees from Central Maine Community College shall be eligible for credit evaluation under the terms of this agreement.

Transfer students will be accorded the same standards and criteria for admission to a major degree sequence as SJC students. All applicants accepted to SJC Baccalaureate programs must fulfill the graduation requirements of the granting institution as identified in Appendices A, B & C.

- \* Appendix A contains admission and graduation requirements of the receiving institution
- \* Appendix B contains side by side course equivalency tables for the academic programs listed above
- \* Appendix C contains a map of remaining courses to be taken at SJC

Note - The information contained in Appendices A, B, & C is accurate for:

CMCC catalog year 2021-2022:

[www.cmcc.edu](http://www.cmcc.edu)

SJC catalog year 2021-2022:

<https://www.sjcme.edu/>

## Articulation Implementation and Agreement Review

The Chief Academic Officer designees of CMCC and SJC shall be responsible for implementing this agreement, for identifying and incorporating any changes into subsequent agreements, and for conducting a *periodic review of this agreement*.

### Signatures to This Agreement

This agreement becomes effective July 2021 and will be reviewed July 2024 for renewal discussion.

  
Betsy Libby (Jul 15, 2021 19:44 EDT)

Jul 15, 2021

Date

Betsy Libby  
Interim President  
Central Maine Community College

  
James Dlugos (Jul 19, 2021 15:36 EDT)

Jul 19, 2021

Date

James Dlugos  
President  
Saint Joseph's College of Maine

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## APPENDIX A

This agreement includes specific requirements for admission into a program, outlines requirements, and indicates which degree or diploma can be used to meet program prerequisites as well as general education, major or program, and graduation requirements.

**Admissions requirements:** Successful completion of the Associate in Applied Science in Exercise Science, submission of completed admission application, transcripts and other supporting materials. For coursework to transfer to SJC, a student must earn a grade of C or better.

For a list of application instructions and checklist: <https://www.sjcme.edu/admissions/oncampus/>

**Requirements for the Bachelor of Science in Exercise Science/Generic Track:** Remaining required course work is listed in Appendix C. Student must maintain a cumulative GPA of 2.0 to graduate and earn a passing grade in all courses required for the major. In addition, beginning with the Class of 2023, students must complete an e-Portfolio demonstrating satisfaction of institutional and program learning outcomes.

**SJC Residency Requirement:** At minimum, 30 credits of a student's baccalaureate course load must be completed at SJC.

Additional Institutional Contact Information:

Academic Department Chair (CMCC)

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Academic Department Chair (SJC)

Name: Karen Croteau

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## APPENDIX B

*Courses represented in italics are required.*

*If subjects in italics in Appendix B are **not** taken at CMCC, the sequence represented in Appendix C cannot be observed.*

**Only courses in which a student has earned a grade of C or higher are considered for transfer.**

CMCC Associate in Applied Science in Exercise Science; General Education Requirements			SJC equivalencies		
Course	Title	Credits	Course	Title	Credits
COM 100	Public Speaking	3	CO 218	Oral Communications Art, Creativity & Self-Knowledge	3
ENG 101 <b>OR</b> ENG 105	College Writing <b>OR</b> College Writing Seminar	3-4	EH 101	College Writing	3-4
ENG	Writing Elective	3	EH 1XX	Art, Creativity & Self-Knowledge	3
Humanities elective	Choose: REL 101 Comparative Religion	3	TH 1XX	Theology (TH) Elective	3
MAT 122	College Algebra	3	MA 105	College Algebra Elective	3
MAT 135	Statistics	3	MA 205	Elementary Statistics	3
PHI 111	Ethics	3	PH 200	Human Nature and Ethics	3
PSY 101	Introduction to Psychology	3	PY 101	Introduction to Psychology	3
<b>Total credits</b>		<b>24-25</b>			<b>24-25</b>

CMCC Associate in Applied Science in Exercise Science; Major Requirements			SJC equivalencies		
Course	Title	Credits	Course	Title	Credits
BIO, CHY or PHY	Complete a two-semester lecture & lab sequence: BIO 131&132 Biology I <b>AND</b> BIO 133&134 Biology II <b>OR</b> CHY 121&122 General Chemistry I <b>AND</b> CHY 123&124 General Chemistry II	8	BI, CH or PC	BI 120 & 121 Introductory Biology I & II <b>OR</b> CH 130 & 131 Principles of Chemistry I & II	8
BIO 115 & BIO 116	Anatomy & Physiology I, Lecture & Lab	4	BI 210	Anatomy & Physiology I	4
BIO 117 & BIO 118	Anatomy & Physiology II, Lecture & Lab	4	BI 211	Anatomy & Physiology II	4
BIO 121	Nutrition	3		Elective	3
Elective: Gen'l Ed.	Choose: BIO 104 Health and Wellness	3	HE 111	Personal Health Art, Creativity & Self-Knowledge	3
PHF 110	Exercise Science, Athletic Training & Physical Fitness Seminar	1	SE 110	Introduction to Physical Education, Sport and Exercise Science	1
PHF 122	Kinesiology	3	SE 302	Anatomical Kinesiology	3
PHF 155	Introduction to Exercise Science	4	SE 205	Training for Fitness and Sport	3
PHF 204	Nutrition for Human Performance	3	SE 204	Nutrition in Fitness and Sport	3
PHF 207	Introduction to Injury Prevention + Mgmt	3	SE 203	Care and Prevention of Injuries	3
PHF 208	Exercise Test and Prescription	4	SE 319	Exercise Testing and Prescription	4
<b>Total Major Credits</b>		<b>40</b>			<b>39</b>
<b>Total Credits</b>		<b>64-65</b>	<b>Total Credits Accepted</b>		<b>63-64</b>

## APPENDIX C

### Remaining St. Joseph's College Degree Requirements

For students in CMCC Associate in Applied Science in Exercise Science transferring to  
SJC Bachelor of Science in Exercise Science/Generic Track

Assumes students complete recommended courses at CMCC as listed in Appendix B.

Year Three Fall		Year Three Spring	
Course	Credit	Course	Credit
SE 304 – Exercise Physiology	4	SE 209 – Exercise Leadership	4
HPS 104 – Modern Global History	4	History (HPS) Elective	4
TH 100 – Intro to the Judeo-Christian Tradition	4	Philosophy (PH) Elective	4
ES 100 – Ecology & the Environmental Challenge	4	Elective	4
<b>Semester Credits</b>	<b>16</b>	<b>Semester Credits</b>	<b>16</b>

Year Four Fall		Year Four Spring	
Course	Credit	Course	Credit
HE 303 – Fitness & Wellness Coaching	4	SE 406 – Senior Seminar in Exercise Science	3
SE 320 – Practicum in Exercise Science	2	SE 410 – Internship in Exercise Science	4
Elective	4	Elective	4
Elective	2-4	Elective	2
<b>Semester Credits</b>	<b>12-14</b>	<b>Semester Credits</b>	<b>13</b>

**Total SJC credits: 57-59**

**Total CMCC credits: 63-64**

**Total CMCC and SJC credits: 120-123**

**In addition, beginning with the Class of 2023, students must complete an e-Portfolio demonstrating satisfaction of institutional and program learning outcomes.**