TRIO SSS is proud to congratulate all of our graduates:
Muhumed Elmoge Abdi, Adan Hassan Abo, Hussein Hassan Adan,
Djima Abdillahi Ainan, Youssouf Ahmed Ali, Leola Rose Ballweber,
Angela Alaina Beattie, Teisha Leona Burt, Paul Robert Brown, Kasi
Marie Bussiere, Evan Graham Cleon Call, Kayla Elizabeth Castonguay, Kristy
Lynn Dame, Alexandra Ruth Daniel, Brianna Michelle Domini, Rhamah Farah,
Wallace Ellsworth Farnum, Lorinda Jane Ferguson, Ryan R. Gagnon, Nicholas
James Gillespie, Jessica Lee Godin, Helen Roberta Goding, Iman Ali Haddi,
Charles Allen Haines, Kimberly Elizabeth Hofferberth, Jennie Emily
Ingall, Joni DeAnn Kidder, Adriane Hallie Kramer, Christeena F Lothrop,
Abdimalik Mohamed Maalim, Travis
Paul Messineo, Suzanne Marie
Miller, Joaquin
Ivan Mills, John
Wayne Nolin,
Kim Pfusch, Melissa Ann Potter, Deborah Ann Pride,
Donald Janson Pride, Anthony Christopher Redes,
Michael John Reynolds, Dennis Joseph Royer,
Christopher Ryan Staples, Jayne Mary Stevens, Tracy G
Stevenson, Apikake Assani Tantine, Cindy Louise
Williams

Transfer News
Hussein Adan is transferring to
University of Southern Maine in biology. Paul Brown
is transferring to University of Southern Maine in
business administration with a marketing concentration. Alexandra Daniel is
awaiting word on her transfer to the University of Maine in Augusta in business
administration. Rahma Farah is transferring to University of Southern Maine in
business finance. Travis Messineo is transferring to University of Southern Maine
in social work. Olivia Reiff is transferring to Cornell University for an animal
science major with an emphasis on pre-veterinary medicine. Michael Reynolds is
transferring to the University of Southern Maine in business administration.
Christopher Staples is transferring to University of Maine Augusta in justice
studies.

This spring, TRIO has explored campuses throughout the state. In March, students
visited the University of Maine Augusta (see picture left). Our TRIO students were
champions at the Admissions Family Feud event against other TRIO students across
Maine! The day included a tour and lunch. Several students met one-on-one with
admissions counselors to solidify their applications.
A Note from the TRIO Director

**You can get there from here!** There is an old joke where a clueless city dweller meets a Maine farmer and asks for directions. The fellow from Boston is hopelessly lost on a back road where his map and directions seem useless, when he sees a Maine farmer and asks for help. The farmer stops what he is doing, thinks about it a moment and says, “You go down this road till you get to the fork where the barn burned down a few years ago; take the left… no, the right at that fork. Hmm, no, that won’t work. Ok, go back the way you came from, about three miles, and turn at that intersection where they are talking about putting up a gas station... No wait, that won’t work either. You know what, now that I think about it, you really can’t get there from here.” That may be funny in a joke, but some people suffer from that kind of thinking. Because they don’t know how to do something, they think it can’t be done.

TRIO students and staff work together on developing individual plans, or a roadmap if you will, for where students are headed. Sometimes it is necessary to readjust the plan along the journey, sometimes even altering the “final” destination. Hopefully, along the way, students identify their talents, skills, and interests. It is good to know that you can get there from here. CM offers a great beginning to many appealing job or further education destinations. In fact once here, many students realize that college is not at all like high school, and though they wouldn’t have believed it possible when they began their studies at CM, they choose to continue at a four-year institution. Often their completed coursework at CM allows them entry as a junior into a baccalaureate (four-year) program. Even programs that might not typically seem to lead to four-year study can do so. So, keep your options open because I assure you that you can get there from here... and “there” is going to be a pretty great place when you reach your dream.

**Transfer Tip:** Some of us are graduating, some of us are transferring, and some of us are working towards our educational goals. As we move forward in our educational journey, I encourage all of you to take steps outside your comfort zone. I’m not necessarily talking about giant leaps. Be brave! True learning and growth is possible when we try new things. Trust me, we have all felt doubtful or awkward in new situations, but that is how we learn and master new areas. Trust yourself and take that first step. TRIO will be there to cheer you on.

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The CMCC Honors Lists again showcase the talented and hard working students of TRIO Student Support Services. In total 60 TRIO students earned honors. We are proud to list the following students on the Spring 2016 TRIO Honor’s List:

**President’s Honors:** Mohamed Aden, Kasi Bussiere, Heidi Colombe, Wallace Farnum, Lorinda Ferguson, Abdi Hassan, Sharon Kangas, Shivam Kumar, Joshua Paine, Amanda Paquin, Deborah Pride, Robyn Rawle, Olivia Reiff, Wayne Souza, Jayne Stevens, Talia Turner

**High Honors:** Sulekha Abdulle, Jessica Bernier, Kelsie Blanchard, Paul Brown, Angela Cafarelli, Susan Cassidy, Kayla Castonguay, Kristy Dame, Sara Duplisea, Hope Godin, Helen Goding, Louise Hamner, Kimberly Hofferberth, Adriane Kramer, Shawn Marston, Travis Messineo, Liudmyla Nichols, Melissa Potter, Jarvis Simpson

**Honors:** Youssouf Ali, Elizabeth Belch, Mary Britton, Jared Cloutier, Orena Davis, Jasline Dicent, Rahma Farah, Nicholas Gillespie, Makayla Glidden, Baylee Hatstat, Nichole Hubbell, Sherri Jewell, Jennifer Marr, Sharon Mikrut, Marianne Ouellette, Michael Reynolds, Dennis Royer, Taylor Savage, Cody Shoppe, Christopher Staples, Tracey Stevenson, Apikake Tantine, Heath Wayne Viger, Mohamed Yarrow
TRIO Transfer and Cultural Trips

In early April, TRIO students visited the University of Maine Farmington. Our TRIO students received an in-depth tour of the campus, enjoyed their on-campus dining facilities, and met with TRIO counselors there. It shouldn’t go unsaid that they left with some very cool TRIO sunglasses! At the end of April, TRIO students (see picture right) visited the University of Southern Maine Portland campus. Our TRIO students received a tour, met with TRIO SSS representatives, and met one-on-one with the director of admissions to receive answers about their specific transfer questions. TRIO students dined at the Jewel of India in South Portland and enjoyed a Planetarium show while there.


Tutoring News

TRIO held Tutor appreciation days, May 2 and 3. Below our professional tutors are pictured. Student tutors were highlighted in the January issue of the newsletter. TRIO is seeking tutors for the fall semester. If you find you need tutoring assistance, or if you would like to work as a tutor, please contact Donna Alexander, TRIO Student Retention Specialist and Tutor Coordinator. Limited summer tutoring will be available. dalexander@cmcc.edu or 755-5209
SALT Money Tip

Did you just graduate with student loans? New TRIO graduates can benefit from using the $ALT resources, specifically $ALT has a Loan Repayment Navigator. Log into the $ALT website, and they provide expert help to get you ready for your first payments after your grace periods. They also provide information about how to reduce what you owe! Just go to Saltmoney.org and search for the repayment navigator.

Calendar of Important TRIO Dates

TRIO Algebra Aptitude — A free summer class for newly admitted students who wish to improve their Accuplacer scores and enter into a 100 level mathematics course. Class meets July 11, 13, 15, 18, 20, 22 from 1—4 pm (limited seats for current TRIO students as appropriate)

Wrocket Writing — A free summer class designed to take newly admitted students with a 4 on the write placer to a 5 or above. Class meets July 26, 27, 28, 9 a.m.—2 p.m. (limited seats for current TRIO students as appropriate)

TRIO Participant Honored at CMCC Annual Dinner
Ekoko Louise (Louise) was selected as the recipient of the Against All Odds Award at CMCC’s 2016 Annual Dinner. Upon hearing an abbreviated version of the many challenges Louise has overcome in her life, the audience at the awards dinner spontaneously gave her a standing ovation. Louise has faced war in her native country, life in a refugee camp, separation from family members, resettlement into the US, and language barriers and emerged victorious as an honor student at CMCC in her first semester of college.

“TRIO provided me with the strength to face challenges head on, and embrace every opportunity to laugh... TRIO has shown me that no matter what the struggle is, I have support in any way that I need it, and the strength to carry on.”

~ Melissa Cable, 2015

TRIO Participant Honored at CMCC Awards Night
Melissa Potter was selected for the 2016 Yes I Can! Award. She has acquitted herself with distinction as an honors student and member of Phi Theta Kappa Honor Society despite many family responsibilities as a single parent and working three jobs. Melissa can hardly believe how far she has come in one short year. Join us in congratulating this dynamo when you see her working at the CMCC coffee spot, Central Station, or at one of her other jobs in the community. Melissa says the most important thing is that her children are watching their mother place education and getting ahead as a priority in her life, and they are learning by her example.

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Central Maine Community College is an equal opportunity/affirmative action institution and employer. For more information please call (207) 755-5233.